



Achievement Award

Grade 7—EPEE

Demonstrate:

(with coach or partner)

While following your partner's steps forward and backward:



1 Maintain step-lunge distance and step forward to draw your partner's hit to the arm and attack to body using an envelopment.



2 Defend against your partner's compound attack using successive Parries with a step back and Riposte with an envelopment and Fleche to body as your partner recovers



3 Attack to body with a step lunge and when your partner Parries with a step back, Reprise Disengage with Fleche

4 Defend against your partner's attack using a Parry of Quarte and Riposte with Croisé

From a stationary position:

5 Parries ending in Prime, Seconde Tierce and Quinte with Ripostes

6 Ceding and opposition Parries

7 Simple and Compound Derobements

Describe:

1 Your understanding of False Attack-Attack

2 Detached and opposition Ripostes

3 Counter Attacks in opposition and Parries with opposition Ripostes

4 Use of Reassemblent



Badges And Certificates Obtainable From:

Amateur Fencing Association

AFA Secretariat, 1 Baron's Gate, 33/35 Rothschild Road, London W4 5HT
Tel: 081-742 3032