



# Achievement Award Grade 5— EPEE

## Demonstrate:

(with coach or partner)

While following your partner's steps forward and backward:

- 1 Attack to your partner's arm with:
  - a. One-two with lunge
  - b. Double with lunge
- 2 Maintain correct distance and step forward with a feint to arm and:
  - a. Deceive your partner's Parry of Quarte and lunge to body finishing in opposition
  - b. Deceive your partner's Parry of Sixte and lunge to body finishing in opposition
- 3 Maintain correct distance and when your partner pauses, step forward to engage blades in Sixte, Quarte and Octave and:
  - a. Attack to arm with Direct and Indirect Attacks
  - b. Attack to body with Direct and Indirect Attacks

From a stationary position:

- 4 Successive Parries
- 5 Hits with angulation
- 6 Direct Attack to body with Fleche Attacks and Ripostes using a Bind and a Croise

## Describe:

- 1 How the electric epee works and how to correct errors in the travel and compression springs
- 2 Rules concerning Corps-a-Corps Second-intention actions



Badges And Certificates Obtainable From:

**Amateur Fencing Association**

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