



Achievement Award Grade 4 – EPEE

Demonstrate:

(with coach or partner)

While following your partner's steps forward and backward:

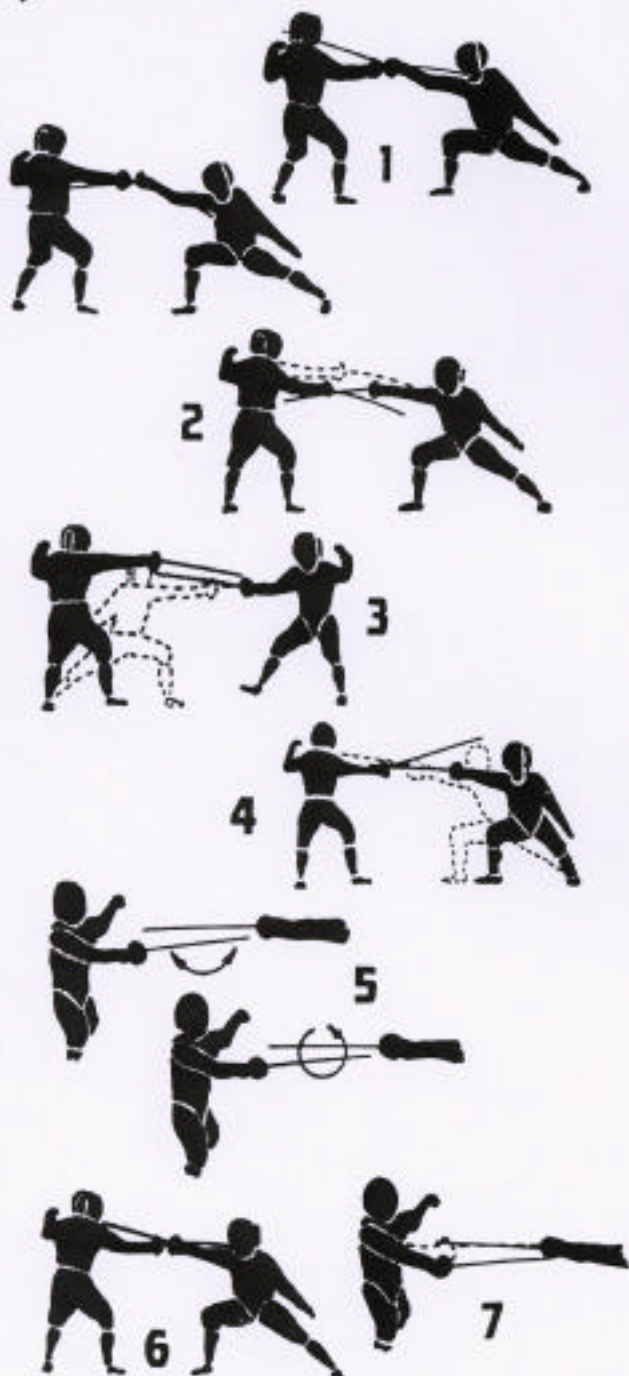
- 1 When your partner Attacks to body with a lunge, Counter-Attack with:
 - a. Opposition in Sixte
 - b. Opposition in Octave
- 2 Maintain step-lunge distance and each time your partner Attacks to body with a step-lunge, Counter-Attack to arm and follow this with a Parry to Octave and Riposte in opposition
- 3 Maintain correct distance and when your partner pauses, Attack to arm with a Beat Direct Attack with lunge and continue with a Redoublement to arm with the Recovery each time your partner Parries with a step forward
- 4 Maintain correct distance and when your partner pauses:
 - a. Attack to arm with a Beat Disengage
 - b. Attack to body with a Beat Disengage

From a stationary position:

- 5 One-two and Double Compound Attacks to arm and body
- 6 Parry of Quarte with opposition Riposte
- 7 Parry with the guard with detached Riposte

Describe:

- 1 Scoring on a pool sheet: first and second indicators
- 2 Simple and Compound Attacks
- 3
 - a. Electrical recording apparatus
 - b. Fencers electric equipment
 - c. Test weight and gauges
 - d. Testing the electric equipment before the start of a bout
- 4 Rules regarding faults in a fencer's equipment before and during a bout



Badges And Certificates Obtainable From:

Amateur Fencing Association

The de Beaumont Centre, 83 Perham Road, West Kensington, London W14 9SP.

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