



# HAMSON FENCING



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# The Wolstan Musketeer

## Welcome Back!

### *Summer School Success*

During the Hamson Fencing/Beadling Academy Summer School there were several passes from Dixie.

The coaches would like to congratulate; Joshua Balance, Mrs Ballance, Adam Cooper, Kate Smart and Freddie Sykes on the successful completion of their Grade 3 Foil Achievement Awards.

During the warm-ups this season these four are going to be working on improving their skills as well as preparing for competitions.

Don't forget that the Leicestershire-Amberton Leon Paul Junior Series Competition will be taking place on Saturday 19th and Sunday 20th September. Mr Hamson strongly advises you go along to watch in order to gain an appreciation and expectation for how these competitions are run. Our junior fencers should also watch very carefully how the fights are structured and organised.

### *Kit Ordering*

Several parents have begun to ask about ordering kit. This is possible through The Beadling Academy and if you are interested speak to Chris on Thursdays.

Already we have several fencers who have their own glove or sword. We would recommend purchasing these pieces or maybe a plastron as the first piece of kit. Then you can build up from there should you wish.

### *Where are you now?*

On Thursday 10th September the first session of the term ran at Dixie Grammar School. There are now two groups split across the Junior School and the Grammar School. We will expect the timings to ease over the first few weeks so that things return to running smoothly.

Unfortunately not everybody turned up to the first session! Don't forget that training commences at 4pm on Thursdays at Dixie Grammar School. Parents and students are more than welcome to attend.

If you've decided to stop, please tell us why!

### *Turning Potential into Reality*

As you may have seen Ms. Rachael Hamson assists the coaches on Thursdays. Rachael will tell you that her success is in no small part due to the fact that she has worked and trained hard over the past several years to reach 3rd in the National Cadet Rankings, 29th in the Senior Women's National Rankings and 24th in the National Junior Rankings.

If our junior fencers are going to improve, they not only need to watch carefully, but begin to focus on how their body works. To start to seriously improve it will require training at home as well as during training on Thursdays.

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*The Beadling Academy*

*"Fencing for All"*

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